



## 2015 SACRAMENTO PLAY SUMMIT

### CONFERENCE SCHEDULE

Saturday, September 12 • Tsakopoulos Library Galleria

8:30 – 9 AM	Registration
9 – 9:50 AM	Welcome Keynote: Play – The Best Kept Secret! with Louise Glaser, MD (Galleria)
10 – 10:50 AM	Breakout Session 1 <ul style="list-style-type: none"><li>• How Play Transformed Our Library with Renee Tobin &amp; Angelica Trummell (West Meeting Room)</li><li>• Playful Music Making at Home &amp; School with Dr. Paul G. Morehouse (East Meeting Room)</li><li>• Loose Parts: Inspiring Play in Young Children with Miriam Beloglovsky (Fourth Floor)</li></ul>
11 – 11:50 AM	Keynote: My Working is Playing with Tom Chapin (Galleria)
12 – 12:50 PM	Lunch & Book Sales (Galleria)
1 – 1:50 PM	Breakout Session 2 <ul style="list-style-type: none"><li>• Go Big! Fun, Fearless and Fabulous Story Times for Large Groups with Lisa Eck (West Meeting Room)</li><li>• Supporting Children’s Play Using Improvisational Principles with Barb O’Neill (East Meeting Room)</li><li>• Men and Child Care Panel moderated by Gregory Uba (Green Studio on the Fourth Floor)</li></ul>
2 – 2:50 PM	Breakout Session 3 <ul style="list-style-type: none"><li>• Inspiring a Generation to Create: Critical Components of Creativity in Children with Dr. Helen Hadani (West Meeting Room)</li><li>• Community Health and the Role of Parks and Open Space with Kanat Tibet (East Meeting Room)</li></ul>
3 – 4 PM	Keynote: What Exactly is Play, and Why Is It Such a Powerful Vehicle for Learning? with Dr. Peter Gray (Galleria)
4 PM	Book Sales & Signing Certificates of Completion

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(All Keynotes take place in the Galleria)

**Keynote Address 1: 9 – 9:50 AM**

**Louise Glaser, MD**     ***Play – The Best Kept Secret!***



Play is essential for child development – in every culture and at every age. It assists children in their learning, exploring, engaging, growing and more. As adults, we can support our children by creating ample time and space for their play. Have you considered that play can be incredibly valuable for us adults as well? Could it be that play is the best kept secret for having a great life?

**Louise Glaser, MD**, is a pediatrician practicing for over 25 years. She has led communication programs for doctors and staff focusing on interactions with patients, families and each other. She is also a gourmet chef and is being trained as a transformational course leader and Mind Body Skills leader.

**Keynote Address 2: 11 – 11:50 AM**

**Tom Chapin**     ***My Working is Playing***



In a career that spans five decades, 24 albums and three Grammy awards, the multi-talented singer-songwriter-guitarist Tom Chapin has covered an incredible amount of creative ground. Chapin will engage the audience with singing and sharing thoughts about his five-decade-long creative musical career.

As a music-maker, **Tom Chapin** has maintained two long and productive parallel careers, both as a respected contemporary folk artist and as a pioneer in the field of children's music. In the former role, Chapin has established a reputation for insightful, heartfelt songcraft and effortlessly charismatic live performances. In the latter role, he engages the hearts, minds and imaginations of young listeners with songs delivered in a sophisticated array of musical styles. Additionally, Chapin has acted on Broadway and has worked extensively in television, radio and film.

**Keynote Address 3: 3 – 4 PM**  
***Followed by Book Sales & Signing***

**Dr. Peter Gray**     ***What Exactly is Play, and Why Is It Such a Powerful Vehicle for Learning?***



"Play" is a word that we use commonly to refer to children's preferred activities and to some adult activities. But what, really, is play? In this talk, Dr. Gray will define the five characteristics of play and how each contributes to play's educational and developmental value. In addition, he'll explain why play came about, in natural selection, to promote children's healthy physical, intellectual, social, moral, and emotional development.

**Dr. Peter Gray** is a research professor of psychology at Boston College and has conducted and published research in neuroendocrinology, developmental psychology, anthropology, and education. He is the author of an internationally acclaimed introductory psychology textbook (*Psychology*, Worth Publishers, now in its 7th edition). His most recent research on the role of play in human evolution and how children educate themselves, through play and exploration, when they are free to do so, is the subject of his latest book, *Free to Learn: Why Unleashing the Instinct to Play Will Make Our Children Happier, More Self-Reliant, and Better Students for Life* (Basic Books).

## Breakout Session 1: 10 – 10:50 AM

**Renee Tobin &  
Angelica  
Trummell**



### ***How Play Transformed Our Library (West Meeting Room)***

When the Children's Services staff at Rancho Cucamonga Public Library began to explore children's early learning, play and literacy, they embarked on a new service model that impacted not only Children and Family Services but encompassed the entire library. Their research led to new ways to bring play and interactivity with parents and children into the library. This in turn fostered the development of the Library's Play and Learn Islands™, established in 2010. This session will outline the type of education and training staff received, including the State Library's Early Learning with Families Initiative.

**Renee Tobin** is the Library Services Manager at Rancho Cucamonga Public Library. She's a graduate of the University of Iowa School of Library and Information Science. She joined Rancho Cucamonga Public Library at its founding in 1994 and developed after-school reading tutoring, Children and Family Services, expansion to two libraries and development of the Play and Learn Island project. **Angelica Trummell** is a Children's Librarian at the Rancho Cucamonga Public Library and part of the Play and Learn Island concept team. She works with staff to provide access and opportunities for play and early learning. She is a graduate of UC Riverside and received her MLIS from San Jose State University.



**Dr. Paul G.  
Morehouse**



### ***Playful Music Making at Home & School (East Meeting Room)***

New research investigating young children's music-making behavior sheds light on a unique, play-based relationship between children and adults. For children under eight years old, the experience of making music is like playing a game with sound and rhythm, and adults making music with children are perceived by the children as play partners. This workshop offers ideas and activities that will encourage all adults—at home and in school—to assume the role of "Music Leader" and play the "game" of music with young children by using rhythm instruments to accompany songs and poems for fun, developmentally rich, music-making activities.

**Dr. Paul G. Morehouse** is an early childhood music specialist and former professor of Music Education at CSULA from 2001-2006. Since 2003, he has presented conference workshops for CAEYC. His article "The Importance of Music In Early Development" was published in NAEYC's *Young Children*. Paul received his PhD in Educational Studies from Claremont Graduate University.

**Miriam  
Beloglovsky**



### ***Loose Parts: Inspiring Play in Young Children (Fourth Floor)***

Loose parts—alluring objects that children can move, manipulate, control, and change within their play—enhance children's ability to think imaginatively, see solutions, and bring a sense of adventure and excitement to children's play. In this workshop, participants at all learning levels will explore a wide variety of loose parts, learn the value of loose parts, discover how to incorporate loose parts into the learning environment, and gain an understanding of how loose parts support curriculum and children's development.

**Miriam Beloglovsky, MA**, is a professor of Early Childhood Education at Cosumnes River College in Sacramento, California and has had the pleasure of advising and guiding students for more than 25 years. She is a strong advocate for children, youth and families, and consults and supports a variety of family, children and youth programs.

## Breakout Session 2: 1 – 1:50 PM

Lisa Eck



### ***Go Big! Fun, Fearless and Fabulous Story Times for Large Groups (West Meeting Room)***

Time to take your story times to the next level? Learn how to ramp up your programming for large groups (more than 50) while still keeping that personal touch. As we strive to provide exceptional experiences for more customers, sometimes it can seem overwhelming. Learn practical tips on locations, crowd control and engaging your listeners. We will discuss how to select the best books and materials, and learn what works and what doesn't work as you take your favorite story time elements to a larger crowd. It's time to go big!

**Lisa Eck** is a librarian, early literacy specialist, and self-proclaimed library rock star at the Roseville Public Library in Roseville, California. Her story times regularly draw crowds in the hundreds, and she has had over 18,000 customers attend her story times in the last two years.

Barb O'Neill



### ***Supporting Children's Play Using Improvisational Principles (East Meeting Room)***

As preschool teachers how do we create a bridge from parallel or associative play to cooperative play? How do we support children's development from play with teachers to play with peers? At our Reggio-inspired center we engaged in a year-long process of inquiry into using the principles of theater improvisation to support the play of children who were not yet playing cooperatively with their peers. In this interactive session, we will invite you into our dialogue as we share the improv-based methodology we practice, the children's growth, as well as our own learning and reflections.

**Barb O'Neill** is the Director of the Huggins Early Education Center and a professor of early childhood education at Fresno State. Her research focuses on promoting the success and social integration of children with special needs through the use of interactive storytelling and improv-based play support.

**Co-presenters:** Jennifer Andrade, Special Education Teacher, Fresno Unified School District; Sharon Arias, Master Teacher, Huggins Early Education Center, Fresno State; and Chamroeun Yann, Master Teacher, Huggins Early Education Center, Fresno State.

Gregory Uba,  
Moderator

### ***Men and Child Care Panel (Green Studio on the Fourth Floor)***

Engage in an important conversation about ways in which early learning programs can support, promote and develop the involvement of boys and men through a closer examination of program policies and practices, learning environments, and attitudes towards play and risk.

Created in June 2014, **Men and Child Care** is a collaboration between the National Human Development Foundation and Sacramento Valley Association for the Education of Young Children. Their members have presented or participated in workshops at American River College, the California Association for the Education of Young Children Annual Conference, the Sonoma County Early Learners Conference, and the California Early Childhood Mentor Teachers program in Berkeley. The group's goal is to increase the involvement and engagement of men in early learning programs.

**Panelists:** Mike Kurtz, Austin Kurtz and Dr. Paul Morehouse

### Breakout Session 3: 2 – 2:50 PM

#### Dr. Helen Hadani *Inspiring a Generation to Create: Critical Components of Creativity in Children* (West Meeting Room)



This active workshop will explore seven critical components of creativity that are essential for children to develop as they learn to think creatively, work creatively with others, and implement innovations. The research presented outlines recommendations from a recently released paper, which integrates findings from more than 100 recent academic studies across neuroscience, psychology and education fields. Hands-on activities will be demonstrated throughout this session to illustrate practical recommendations for promoting imagination and originality, flexibility, decision-making, self-expression, collaboration, motivation and action.

As Head of Research for the Center for Childhood Creativity, **Dr. Helen Hadani** authors original research on creative thinking and child development and has launched the Center's onsite research lab at the Bay Area Discovery Museum. She received her doctorate in Developmental Psychology from Stanford University and has more than 15 years of experience in research and education settings.

#### Kanat Tibet *Community Health and The Role of Parks and Open Space* (East Meeting Room)



Parks, recreation and open spaces are natural antidotes to today's obesity and diabetes epidemics. They provide a potent strategy for the treatment and prevention of weight-gain, obesity, Type 2 diabetes, and various chronic health problems. When parks are present, safe, accessible, clean, friendly, and inviting, people use them! This workshop will discuss the role of parks and open space in community wellbeing and will provide advocacy tools for residents to get involved with and shape their communities' design.

**Kanat Tibet** is the Director of Healthy Eating Active Living Cities Campaign. Kanat spends the majority of his time working directly with city officials, helping them identify and pursue policies aimed at creating healthier communities in order to stem the obesity epidemic. A native of Istanbul, Kanat has lived in California since 1989 and holds a master's degree in communication from San Francisco State.

### Evening Presentation

#### *Play Deficit Disorder: A Worldwide Crisis and How to Solve It Locally* (Fairytale Town)

Saturday, September 12  
6:30 – 8 PM • Doors open at 6 PM

Continue the conversation at Fairytale Town! Dr. Peter Gray will give a second presentation on the importance of childhood play and the effects of its dramatic decline. Admission is free to Sacramento Play Summit attendees, but advance reservations are required. This talk is open to the public. For more information and ticket information, visit [fairytaletown.org](http://fairytaletown.org).

