



CONFERENCE SCHEDULE

Saturday, September 13 • Tsakopoulos Library Galleria

8:30 – 9:30 AM	Registration
9:30 – 10:15 AM	<p>Welcome</p> <p>Keynote: Healthy Playing, Living and Eating - Hear it from a Pediatric Diabetes Specialist with Dr. Gnangurudasan Prakasam (Galleria)</p>
10:30 – 11:15 AM	<p>Breakout Session 1</p> <ul style="list-style-type: none"> • Exploring the Power of Real Play with Bev Bos and Michael Leeman (Galleria) • Play and Literacy Panel: Making the Function of Reading Fun moderated by Rivkah K. Sass (West Meeting Room) • Go Play Outdoors with Shawna Martinez (East Meeting Room)
11:30 AM – 12:15 PM	Keynote: Drawing from Memory with M. Sarah Klise (Galleria)
12:15 – 1:00 PM	Lunch, Book Sales & Signing (Galleria)
1:15 – 2:00 PM	<p>Breakout Session 2</p> <ul style="list-style-type: none"> • Who Told You that You Can't Draw with M. Sarah Klise (Galleria) • The World of Play with Kathy Fleming (West Meeting Room) • The Importance of Outdoor Play: Bringing Childhood Back Outdoors with Annie Bosque (East Meeting Room)
2:15 – 3:00 PM	<p>Breakout Session 3</p> <ul style="list-style-type: none"> • Creative Storytelling and Publishing is Literacy Radness with Brett Stults and Eben Burgoon (West Meeting Room) • Easy Recipes for Making Music Part of Your Day with Alan Candee (East Meeting Room)
3:15 – 4:15 PM	Keynote: What Nature Wants You to Know About Play with Dr. Stuart Brown (Galleria)
4:15 – 5:00 PM	<p>Book Sales & Signing</p> <p>Certificates of Completion</p>

PRESENTED BY



SACRAMENTO
PUBLIC LIBRARY



SPONSORED BY



Sutter Health
Sutter Children's Center, Sacramento
We Plus You

(All Keynotes take place in the Galleria)

Keynote Address 1: 9:30 – 10:15 AM

**Dr.
Gnangurudasan
Prakasam**



Healthy Playing, Living and Eating - Hear it from a Pediatric Diabetes Specialist

The number of children with Type 2 Diabetes is growing. Discover ways for the whole family to enjoy a healthy lifestyle, and learn the facts about Type 2 Diabetes and its connection with obesity. Ways to encourage family and friends to entertain a healthy lifestyle will also be covered.

Dr. Prakasam is the Medical Director of Pediatric Endocrine & Diabetes Services at Sutter Medical Center, Sacramento, and the President of the Center of Excellence in Diabetes and Endocrinology in Sacramento. Along with practicing medicine, he is very involved in research in finding a cure for diabetes, Type 2 Diabetes in children, diabetes technologies and also in growth related hormones.

Keynote Address 2: 11:30 AM – 12:15 PM
Followed by Book Sales & Signing

M. Sarah Klise ***Drawing from Memory***



Illustrator M. Sarah Klise will give an overview of her years illustrating 30 award-winning children's books alongside her sister and collaborator, author Kate Klise. She will discuss how they started working together as children and how play shaped her early years and is a major ingredient to her success as an illustrator today.

M. Sarah Klise has been illustrating and designing books for the past 20 years. She and her author sister, Kate Klise, have created many award-winning middle grade titles like: *Regarding the Fountain*, the *43 Old Cemetery Road* series, the *Three-Ring Rascals* series and many picture books.

Keynote Address 3: 3:15 – 4:15 PM
Followed by Book Sales & Signing

**Dr. Stuart
Brown**



What Nature Wants You to Know About Play

What is it that triggers our emotional engagement with the world? A close look at the evolution, neurobiology and characteristics of play behaviors, their embedment in the brain's survival circuitry, and the growing data on the relationship of play to performance, emotional regulation and overall wellbeing will be presented. The consequences of play deprivation to individual life or culture will likewise be reviewed.

Trained in general and internal medicine, psychiatry and clinical research, Dr. Stuart Brown first recognized the importance of play by discovering its absence in the life stories of murderers and felony drunken drivers. His years of clinical practice affirmed the importance and need for healthy play and led to the establishment of the National Institute for Play. Dr. Brown is also the author of *Play: How it Shapes the Brain, Opens the Imagination, and Invigorates the Soul*.

Breakout Session 1: 10:30 – 11:15 AM

**Bev Bos &
Michael
Leeman**



***Exploring the Power of Real Play* (Galleria)**

While most people assume it is the responsibility of adults to provide a play environment for children, this presentation will focus on real play and how children, by nature's design, spontaneously engage in play. The responsibility for adults is to understand how play happens, where play happens, why play needs to happen and how it enriches our lives physically, emotionally, spiritually, cognitively and creatively.

Bev Bos has been the Director and Teacher at the Roseville Community Preschool in Roseville, California for over 40 years. She is the author of four books, and she lectures around the country and internationally on topics in her field of expertise—early childhood education. **Michael Leeman** has co-presented with Bev Bos to a wide variety of organizations of parents and teachers on topics of art, music, creativity, science and child development since 1984. Beside his work as a musician, editor and illustrator, Michael works at the Roseville Community Preschool. Michael is also Bev's son-in-law.

**Rivkah K. Sass,
Moderator**



***Play and Literacy: Making the Function of Reading Fun* (West Meeting Room)**

Too many children are starting school without critical pre-reading skills, and once they are in school, too much focus is given to "learning to read in order to read to learn." What if this model were turned on its head and instead we were able to use play to focus on the joy of learning to read? Join in the conversation with our panel of local experts.

Moderator: Rivkah K. Sass is the Director of the Sacramento Public Library. She has done every possible job in libraries and is passionate about helping children in our community love to learn and read and have fun in the process.

Panelists: Christie Hamm is Manager of Youth and Community Services for Sacramento Public Library. **Deanna Berg** is the Regional Executive Director of Reading Partners, serving the Sacramento and Chico areas. **Stephanie R. McLemore Bray** is the Executive Director of United Way, California Capital Region. **Doreen Diehl** is the School Readiness Coordinator at First 5 Sacramento.

**Shawna
Martinez**



***Go Play Outdoors!* (East Meeting Room)**

Building upon research presented by author Richard Louv in his book *Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder*, Shawna will highlight personal insights as well as studies showing that spending time in nature fosters creativity, stimulates imagination, and calms children struggling with affective disorders and information overload.

Shawna Martinez is a Professor of Biological Sciences and Natural Resources at Sierra College. Shawna was a primary author of the *Sierra Foothills Nature Guide* (Sierra College Press, 2004.) She is also the campus faculty advisor for the Sierra College Science Club and ECOS, the Environmentally Concerned Organization of Students.

Breakout Session 2: 1:15 – 2:00 PM

M. Sarah Klise



***Who Told You that You Can't Draw?* (Galleria)**

For those of us over the age of 15 years, we need to forget what a parent or a teacher once said to us: "You can't draw!" or "That looks ridiculous!" Sarah will playfully guide attendees through an image, demonstrating and drawing up in front while the audience draws along at tables.

See biography under Keynote Address 2.

Kathy Fleming

The World of Play (West Meeting Room)



The International Play Association (IPA) is a worldwide nonprofit organization whose purpose is to protect, preserve and promote the child's right to play as a fundamental human right. Kathy will share news, insights and play trends from IPA's recent conference for play professionals, held in May 2014.

Kathy Fleming is the Executive Director of Fairytale Town, where she has developed a variety of play-based education programs for children and families. In 2011, she spent three months in London learning about the vibrant play sector in the United Kingdom.

Annie Bosque

The Importance of Outdoor Play: Bringing Childhood Back Outdoors (East Meeting Room)



Many children spend 90 percent of their day indoors. What are the consequences of an indoor childhood, and what can we do to bring children back outside? This workshop will discuss the reasons children are spending so much time indoors, the benefits of outdoor play, and ways to inspire you and others how to get back outside.

Annie Bosque has been teaching kindergarten at Golden Valley Charter School, a charter school inspired by Waldorf Education, for nine years. Annie is the teacher and creator of the Outdoor Kindergarten program at Golden Valley Charter School, and she also teaches at Rudolf Steiner College in the Early Childhood Teacher Training Program.

Breakout Session 3: 2:15 – 3:00 PM

Brett Stults & Eben Burgoon

Creative Storytelling and Publishing is Literacy Radness! (West Meeting Room)



Even the littlest ones have a voice and a story to tell. This talk will focus on how you can create young authors in your classrooms or educational play spaces easily, and without much expense. Young authorship deepens the impact of why books, stories, and words matter.

Brett Stults is the Education Coordinator for 916 Ink, where he researches and develops innovative curriculum to further Sacramento's literacy revolution. Brett is also the former Associate Editor-in-Chief of the illustrious *American River Review*—the nation's most decorated under-graduate literary magazine. **Eben Burgoon** is the Educational Programs Assistant and Head of Comic Books at 916 Ink. Eben has been writing short fiction, sketch comedy, and spec scripts for more than a decade. The past six years, he has been focusing on writing comic books.

Alan Candee

Easy Recipes for Making Music Part of Your Day (East Meeting Room)



Explore your personal, existing connections with music and discover easy ways to foster a love of music with children. Practice familiar songs to share with children, and develop a song list that will include a wide variety of music certain to be a welcome reference in a classroom or recreational setting.

Alan Candee began playing guitar at age eight and has been making music ever since. With a background in recreation and education, Alan worked at the Sacramento Public Library for 28 years. Now retired, Alan performs music and storytelling in schools, libraries, and the community.